

Resume

Kurtis B. Carnachan
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Dear Sir or Madam,

My name is Kurtis Carnachan, and I am writing to express my interest in a position as a Support Worker. With a background in physical fitness and support, I am eager to continue supporting young people in achieving their goals and navigating the challenges they may face.

As an Indigenous Maori individual, I have always had a strong focus on physical fitness and support. Currently working as a Support Worker, I have experience in creating safe and meaningful environments for individuals and am keen to expand this work to focus specifically on supporting young people.

My experience working alongside members of the community has helped me develop strong interpersonal skills, which I believe are essential for building rapport and trust with those I support. I am passionate about making a positive impact on the lives of young people and am committed to continuously developing the skills necessary to excel in this role.

Through extensive experience working closely with child safety and complex clients in a homecare setting, I have developed a deep understanding of the unique needs of both youth and disabled individuals. This experience has honed my ability to problem-solve effectively in challenging situations, maintain composure under pressure, and accurately assess and respond to the diverse needs of clients and staff. I am skilled in delivering compassionate care, demonstrating a strong aptitude for de-escalation and clear interpersonal communication, ensuring a supportive and positive environment.

Thank you for considering my application. I am excited about the opportunity to contribute to your organization and support young people in achieving their full potential.

Qualifications and Training:

- Currently Studying a Cert IV in Youth Work at TAFE
- Current First Aid and CPR
- Blue Card
- 2020 Certificate III in Process Manufacturing (Formation Training)
- 2020 Forklift Licence (Current)
- 5S Procedures – Lean Manufacturing
- Workplace Health & Safety Induction
- 2015 Certificate III in Fitness (Fit Education)
- 2016 QCE (Kelvin Grove College)
- Indigenous Leader
- Manual License & Reliable Transport
- White Card

Experience:

COMPLEX DISABILITY SUPPORT WORKER - HOMECARING - JUNE 2024 - PRESENT

As a complex support worker I have dealt with some of the most challenging clients and behaviours and have cultivated skills that reflect the work I do.

My skills developed at HomeCaring include;

Experienced in providing complex care within a homecare setting, with a proven ability to problem-solve situations, remain calm under pressure, and effectively read and respond to the needs of clients and staff. Highly skilled in delivering compassionate care to clients with complex needs, demonstrating expertise in problem-solving, de-escalation, and interpersonal communication. Possessing a proven ability to manage complex homecare situations, providing exceptional care while maintaining composure and effectively addressing client and staff needs.

SIL PRACTITIONER - REFOCUS - FEB 2024 - MAY 2024

In my capacity as a SIL Practitioner, I have been actively engaged in supporting individuals within the Refocus program to achieve their goals and enhance their overall well-being. My responsibilities have included fitness training, providing comfort and support to clients, building rapport, providing transport, helping make claims and organize government profiles (QGov/MyGov/Centrelink) and assistance in day to day activities.

I am committed to ensuring the highest standards of care and support for the individuals I work with, and I have continuously sought opportunities to enhance my skills and knowledge in the field. I remain dedicated to the principles of person-centered care and strive to empower individuals to lead fulfilling lives.

I am proud of the work I have done thus far in my role as a SIL Practitioner in the Refocus program, and I am eager to continue making a positive impact in the lives of those I support.

LABOURER – T AND G SAND AND GRAVEL – 2022 – JAN 2024

I currently work as a site cleaner, involving tidying up worksites and ensuring WHS standards to the worksite. I have gained experience in precise work goals, and enduring hard work.

MAINTENANCE OFFICER – INGENIA HOLIDAY PARKS – 2020 – 2022

While working for Ingenia I managed the landscaping duties of a holiday park, this included mowing, weeding and other forms of maintenance required on the grounds of the park. I also oversaw community-based activities, such as fishing and mini golf competitions, targeted at children aged 4-12. I oversaw these activities and was responsible for the enjoyment and satisfaction created through the experience, whether it was teaching these kids how to bait a hook or hit a golf ball, I learnt how to interact with young people in a professional and enthusiastic manner.

IT ASSISTANT – BC FITNESS – 2017 – 2018

While working as an IT assistant, I created and developed fitness courses, this helped me to develop an understanding of how to help people attain their goals through realistic and holistic means. While creating courses I was responsible for completing large amounts of paperwork accurately and precisely based on set tasks.

**RECEPTIONIST/ ALL ROUNDER – SIMON BLACK
AUSTRALIAN RULES ACADEMY – 2015 - 2016**

During the time I worked at Simon Black's I handled all complaints and enquiries to help ensure students felt heard, respected, and safe in the learning environment. I assisted in development of strength and conditioning programs focused on improving overall fitness while also teaching training principals that can be utilised to create more advanced programs in the future. I also ensure the health and safety standards of the gym.

TRAINEE – FIT EDUCATION – 2015 - 2016

While working at Fit Education I continued to develop my customer interpersonal communication skills, to assist them in achieving their goals and helping to maintain rapport throughout

the gym. I created a day routine for organisation and maintaining gym equipment, while simultaneously improving hygiene related practices, this helped me develop my time management skills. I worked one on one with participants, providing assistance when needed during their fitness routines, including spotting, encouraging and providing feedback based on performance.

Employment reference:

Elle O'Malley -

Team Leader - *HomeCaring*

Renae Sorensen -

Accommodation Manger - *HomeCaring*

Kobi Troughton –

Operations Manager – *T and G Sand and Gravel*

P. (07) 3886 2162

Chris Weir –

Managing Director – *Fit Education*

P. 0401 864 816

Personal Referees

John Lagettie –

National Marketing Manager – *SENDM3.COM*

P. 0434 274 192

Jaykob Vickery

Support Worker - Upcare

P. 0481 286 290